

Mei 2015

Nuusbrief

Geagte Ouers/Voogde

1. Paaseiers

Baie dankie aan almal wat daartoe bygedra het dat ons 'n rekord-getal van 3866 (meer as 1000 meer as verlede jaar!) paaseiers ingesamel het. Dankie veral aan Yolande en Henry Ackerman wel gedaan. Die eiers is oorhandig aan die Klein Helderkruin-, Tornado Park-, Donovan Mc Donald-, Luipaardsvlei- en Florama Ouete-huise, Twinkle Star- en Zandspruit- informele kleuterskole, Doroas en St Laurence sopkombuis, Abraham Kriel-, Bethany- en St Laurence Kinderhuise, Pathways Sentrum, Gateway Village, Thandanani Sentrum vir psigiatriese pasiënte en ook in kospakkies vir behoeftiges. Die paaseiers is opreg waardeer en u vrygewigheid het baie mense bereik, baie dankie.

2. Voedingskema

Baie dankie ook aan ouers (en grootouers!!) wat gereeld bydra tot die skool se voedings- en welsynskema. Die brood, smere, margarien, vrugte en kruideniersware word opreg waardeer. Jul maak werklik 'n verskil in hierdie leerders se lewens!

3. Belangrike datums

5 Mei	Netbal Allen Glen vs Lantern (weg)
7 Mei	Netbal Lantern vs Adelaar (tuis)
9 Mei	Sportdag Destinata
12 Mei	Netbal Lantern vs Kingschool (tuis)
14 Mei	Netbal St Catherines vs Lantern (weg)
21 Mei	Netbal Lantern vs Princess (tuis)
26 Mei	Netbal Lantern vs Westridge (tuis)

4. Klerewinkel

Lantern se klerewinkel sal op Dinsdae en Donderdae tussen 13:00 en 14:00 oop wees. Kontak asb vir Rina La Grange vir pryse ens.

5. Skoolfoto's

Ons het dit goedgevind om die datums waarop die foto's geneem word, te verander.
Die nuwe datums is:

27 Julie 2015 – Graad 7-12

31 Julie 2015 - Graad 1-6

Individuele foto's bestaan uit die volgende:

1 x 15x20cm (A5) Vergroting

1 x 10x15cm (Jumbo)

2 x 4x6cm foto's

1 x Boekmerk

Koste vir die pakket : R80.00

Klasfoto's teen R40.00 vir 'n 15x20cm (A5) vergroting

U is welkom om nou reeds vir die foto's te betaal.

Indien u 'n elektroniese oorbetalings doen, stuur asseblief die bewys van betaling na u kind se registeronderwyser.

6. SUBSIDIES

Die sluitingsdatum vir aansoeke om vrystelling/gedeeltelike vrystelling van skoolfonds is 30 Junie 2015. Stuur asseblief dringend u aansoeke en/of enige uitstaande dokumentasie na Me Rina la Grange.

7. STOELSTAKKIES

Stoelsakkies is by Me. Maritz beskikbaar teen R50.00

8. DIE EFFEK VAN VIDEOSPELETJIES

Kenner het bevind dat kinders tot 40% meer geneig is tot aggressiewe gedrag nadat hul video-speletjies gespeel het. Wanneer kinders aan gewelddadige media (TV, fliks of videospeletjies) blootgestel word, self vir 'n kort tydperk, het hul baie aggressiewe gedagtes. Indien hul aggressiewe gedagtes het en hul in 'n situasie bevind waar daar uittarting is, sal dit die waarskynlikheid verhoog dat hul met aggressie reageer.

'n Kind wat gereeld aan gewelddadige TV-programme en videospeletjies blootgestel word, sien die wêreld as 'n gevaarlike plek waar geweld en aggressie 'n gepaste reaksie is. Kinders kan afgestomp raak teenoor geweld en meer aggressief word. Gewelddadige media kan soms nabootsing aanmoedig omdat geweld dikwels gesien word as 'n effektiewe manier om jou sin te kry. Dit lei tot verwarring wanneer kinders tussen reg en verkeerd probeer onderskei.

Kinders mag angste ervaar dat die wêreld 'n vreesaanjaende plek is waarin iets aakligs met hulle kan gebeur. Dit meng ook in met aktiwiteite waar hul aan fisiese aktiwiteite kan deelneem, lees, huiswerk doen, met vriende speel en familietyd.

Tekens waarna opgelet moet word is of jou kind in konfliktsituasies betrokke raak met ander leerders by die skool of probleme ondervind met onderwysers. Dit mag 'n aanduiding wees dat gewelddadige media ingeperk behoort te word. Bespreek die nadelige gevolge van gewelddadige media (op die gepaste ouderdomsvlak van die kind) en laat hulle meer gepaste speletjies kies.

- Beperk die tyd wanneer kinder TV speletjies speel en TV kyk. (Indien hierdie tye bymekaar getel word, spandeer hul moontlik meer tyd wanneer hul speel en TV kyk as wanneer hul skoolgaan.)
- Hou 'n voorraad ander vermaaklikhede in die TV-kamer aan (boeke, kindertydskrifte, speelgoed, legkaarte, bordspeletjies, ens) om kinders aan te moedig om iets anders te doen.
- Hou TV's uit die slaapkamers.
- Skakel die TV af gedurende etes en wanneer huiswerk gedoen word.
- TV- en videospelletjies moet as 'n voorreg gesien word, wat kinders moet verdien.
- U as ouer moet saam met u kind TV kyk en videospelletjies speel sodat die geskiktheid daarvan bepaal kan word.
- Praat met jou kinders oor TV-programme en deel jou waardes met hulle.

Dit is noodsaaklik vir kinders om buite te speel met ander kinders en om met ouers te kommunikeer. Bied alternatiewe soos bordspeletjies of luister na musiek en dans die moontlikhede vir pret sonder TV en videospelletjies is eindeloos – dus ... skakel die TV af en geniet kwaliteit tyd saam.

9. BARNYARD

Lantern School is having a fundraising event at The Barnyard Theatre at Cresta. We invite all parents/guardians, teachers and friends to please come and join us for an evening of **fun, laughter, music and lots of memories!**

Date: **6 June 2015**

Show: 80's Rewind – The total 80s party!

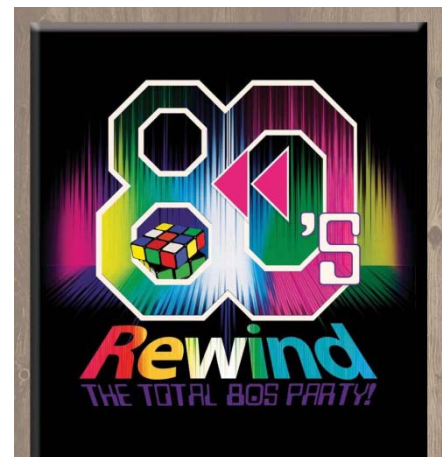
Time: Show starts at 20:00 (doors open at 18:30)

Price: **R160 p/p**

Contact person: Rina La Grange

Table bookings/tickets available at finance office

Vriendelike groete



**T GROENEWALD
HOOF**

**C VAN WYK
ADJUNKHOOF**

**A NIEHAUS
ADJUNKHOOF**

May 2015

Newsletter

Dear Parents/Guardians

1. Easter Eggs

A very big thank you to all our parents and learners who donated Easter eggs last term. We collected a whopping 3866 in total! This is an all time record and over 1000 more than last year thanks to the efforts of Yolande and Henry Ackerman! Well done!

The eggs were delivered to the Klein Helderkruin ,Tornado Park, Donovan -McDonald, Luipaardsvlei and Florama old age home, Twinkle Star and - Zandspruit informal creches; Dorcas and St Laurence's Soup Kitchen, Abraham Kriel, Bethany House and St Laurence's children's homes; Pathways Centre, Gateway Village, Thandanani Centre for psychiatric patients and also in food parcels for the needy. The eggs were really appreciated by all and your generosity reached a lot of people, thank you so much.

2. Feeding Scheme

A big thank you too, to all those parents (and grandparents!!) who regularly send foodstuffs to school for our Feeding and Welfare scheme, the bread, spreads, margarine, fruit and grocery items. You have really made a difference in these childrens' lives, thank you!

3. Important dates

5 May	Netball Allen Glen vs Lantern (away)
7 May	Netball Lantern vs Adelaar (home)
9 May	Sport Day at Destinata
12 May	Netball Lantern vs Kings School (home)
13 May	Netball St Catherines vs Lantern (away)
21 May	Netball Lantern vs Princess (home)
26 May	Netball Lantern vs Westridge (home)

4. Clothing Shop

The Lantern clothing shop will be open on Tuesdays and Thursdays between 13:00 and 14:00. Please contact Rina La Grange for prices etc.

5. **Photos**

The dates on which the photos will be taken, have changed. This is due to the two long weekends.

The new dates are:

27 July 2015 - Grade 7 -12

31 July 2015 - Grade 1 - 6

Individual photo packages comprise of the following:

1 x 15x20cm (A5) Enlargement

1x 10x15cm (Jumbo)

2 x 4x6cm photo's

1 x Bookmark

Cost of packet: R80.00

Class photos cost R40.00 for a 15x20cm (A5)

Individual photos must be pre-paid. Please ensure that the money is paid timeously.

If you make a electronic payment please send proof to your child's class teacher.

6. **EXEMPTION**

The closing date for applications for exemption of school fees is 30 June 2015.

Please send your application and/or any outstanding documents to Ms Rina La Grange urgently.

7. **The effect of video games and violence**

Experts have found that children were 40% more likely to exhibit aggressive behaviour after playing video games. When children consume violent media (TV, movies or video games) for a brief period of time, they have many aggressive thoughts. If they experience aggressive thoughts and are put in a situation where there is provocation, it increases the likelihood that they will respond with an aggressive response.

A child who watches a lot of violent TV and plays violent video games, is practising looking at the world as dangerous place where violence and aggression are an appropriate response. Children may become desensitized to violence and become more aggressive. Violent media sometimes encourages imitation because violence is often promoted as a fun and effective way of getting what you want. This leads to confusion when children try to understand the difference between right and wrong.

Children may fear that the world is scary and that something bad will happen to them. It also interferes with activities such as being physically active, reading, doing homework, playing with friends and spending time with family.

Some signs to watch for are whether your child is getting into conflicts with other children at school or having difficulties with teachers. This may be an indication that violent media should be restricted. Discuss with your child, in an age-appropriate manner, the harmful effects of violent media and allow them to choose more appropriate games.

- Limit the time your child plays TV games and watches TV. (If you add TV and video games together – they may spend more time playing and watching TV than attending school).
- Stock the room in which you have your TV with plenty of other non-screen entertainment (books, kid's magazines, toys, puzzles, board games etc ..) to encourage children to do something other than TV and video games.
- Keep TV's out of bedrooms.
- Turn the TV off during meals and homework times.
- Treat TV and video games as a privilege to be earned.
- Watch TV and play video games together, so you as the parent will be able to assess the tone and appropriateness.
- Talk to your child about what they see on TV and share your own beliefs and values.

Children need to be out playing with other children and interacting with parents, offer them alternatives – playing board games, card games, reading, crafts or hobbies or listen and dance to turn off the TV and enjoy quality time together.

8 Barnyard

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Kind Regards

T GROENEWALD
PRINCIPAL

C VAN WYK
DEPUTY PRINCIPAL

A NIEHAUS
DEPUTY PRINCIPAL