

NUUSBRIEF

11 Desember 2024

Geagte Ouers/Voogde

“Onderwys is die sleutel tot die ontsluiting van die wêreld, 'n paspoort tot vryheid.” –
Oprah Winfrey

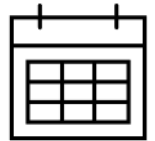
Liewe ouers, julle ondersteuning is vir ons van onskatbare waarde, en saam kan ons 'n positiewe impak maak op hulle akademiese sukses in 2025. Mag die vakansieseisoen vir julle vrede, vreugde en gekoesterde oomblikke saam met julle geliefdes bring. Ons sien uit daarna om al die blink gesigte in die nuwe jaar terug te sien in die klaskamer, gereed vir nuwe avonture en ontdekkings.

Hier volg 'n paar belangrike datums en orde reëlings vir kwartaal 1:

(Hierdie datums is beplande datums en dit is onderhewig aan verandering)

Algemene datums:

- 15 Januarie – **Skool heropen**
- 3 Januarie – Balvaardighede begin
- 3 Februarie – Mensehandelpraatjie
- 4 Februarie – Atletiek – Hugenote
- 5 Februarie – Wêreld Voorlees Dag
- 14 Februarie – Valentynsdag Dress Up
- 18 Februarie – Atletiek – Hugenote
- 14 Maart – Fotodag
- 17 – 21 Maart – Suid-Afrikaanse Biblioteekweek
- 20 Maart – Easter Egg Drive / Prettdag
- 21 Maart – **Openbare Vakansiedag** – Menseregtdag
- 28 Maart – **Skool sluit**

**Belangrike ouerdatums:**

- 5 Februarie – It Takes Two to Talk – Oriënteringsessie
- 15 Februarie – Oueropleiding – Graad 4 – 6 Wiskunde SSRC
- 5 Maart – It Takes Two to Talk – Voorprogramkonsultasie
- 12 Maart – It Takes Two to Talk – Groepsessie 1: Laat jou kind lei
- 19 Maart – It Takes Two to Talk – Groepsessie 2: Volg jou kind se leiding
- 25/26/27 Maart – It Takes Two to Talk – Individuele besoek: video-opname en terugvoer

**Laerskool Datums:**

- 15 Januarie – Briewe aan ouers
- 20 Januarie – Graad 1 – 6 Oueraand
- 25 Januarie – Interhuis-atletiek
- 27 Januarie – Graad 2 Swem begin

- 27 Januarie – Biblioteek maak oop
- 7 Maart – Graad 1 – 3 Koek & Lekkergoed verkope
- 24 Maart – Biblioteek sluit



Hoërskool Datums

- 21 Januarie – Hoërskool Prysuitdeling
- 21 Januarie – Graad 12 Oueraand – Personeelkamer
- 21 Januarie – Graad 7 – 11 Oueraand
- 3 Februarie – Graad 12 – Ekstra Klasse begin
- 14 Februarie – Valentynsdagdans
- 21 & 22 Februarie – Rugbykamp – O/16 & O/19
- 21 & 22 Februarie – Netbalkamp
- 28 Februarie – Graad 7 – Eerstejaarskonsert
- 7 & 8 Maart – Rugbykamp – O/16 & O/19
- 7 & 8 Maart – Netbalkamp

Sport:

Baie geluk aan Lantern, alle leerders en mnr Jaco Mitton vir die toekennings wat tydens Distrikprysuitdeling gewen is.

- Mnr Jaco Mitton: Sportafripter van die jaar
- Sportskool van die jaar
- Rio Husband: Sportmeisie van die jaar
- Segale Lekganyane: Sportseun van die jaar

Kultuur:

Baie geluk aan Lantern en alle leerders vir die toekennings wat by Distrik Prysuitdeling gewen is.

- Kultuurskool 3de plek
- Shaun Makhense: Kultuurseun van die jaar
- Jessica Kaniki: Kultuurmeisie 2de



Skooluniform:

Ons doen 'n beroep op ouers om te verseker dat leerders die regte uniform aan het vir 2025. Verkeerde baadjies, juwele, oorfone, mussies ens. gaan gekonfiskeer word en sal eers aan die einde van die kwartaal afgehaal kan word deur die ouer. Ouers sien asb om toe dat leerders elke dag skeer.

U kan Me Rina le Grange by die skool kontak i.v.m tweedehandse uniform. Neem asb kennis dat PEP stores die blou trui van die skool verkoop

ZERO verdraagsaamheid gaan toegepas word indien leerders nie die korrekte uniform aan het nie. Die gedrag van die leerders teenoor personeel, leerders asook skoolwerk word negatief beïnvloed deur verkeerde kleredrag.



It Takes Two to Talk:

Lantern Skool is trots om die internasionaal erkende program aan te bied vir versorgers van kinders met taalagterstande, "It Takes Two to Talk". Uitnodigings vir die oriënteringssessie sal op **20 Januarie** aan alle graad 1 ouers/voogde uitgestuur word.

Groepsessies: Woensdagaande 18:30 – 20:00 in die personeelkamer

Individuele besoeke: Dinsdag/Woensdag/Donderdagoggende 7:30 – 8:30

RSVP voor/op 24 Januarie. Hoop om jou daar te sien!



Lantern Biblioteek: "Little Lantern Library"

Vermyn die vakansie-skyfie!

Terwyl skoolvakansies 'n tyd vir ontspanning en pret is, is dit ook belangrik dat leerders hul leesvaardighede behou. Sonder gereelde lees of voor gelees word, kan kinders vordering verloor, 'n verskynsel wat bekend staan as die "Vakansie-skyfie".

As versorgers speel jy 'n sleutelrol in die ondersteuning van jou kind se leer. Net 10 minute se daaglikse lees kan 'n groot verskil maak om hul vaardighede skerp te hou en hul liefde vir lees lewendig te hou!

Jy kan enige van die volgende openbare biblioteke in ons gemeenskap besoek:

- *Horizon View (The Village @ Horizon)
- *Roodepoort (Cnr Berlandina &, Hodgson St)
- *Wilropark (Mimosa St)
- *Witpoortjie (Payne St)



Liggaamlike Opvoeding:

Leerders word verplig om 'n kortbroek of sweetpakkbroek saam te bring op die dae wat hulle LO op hul rooster het.

Vroeë vertrek:

Ouers moet die onderwyser en die kantoor voor 08:00 inlig dat hul kind vroeg sal vertrek.



D6 Kommunikeerder

Laai asseblief die D6 communicator af en laai "Lantern School", vir alle relevante inligting gedurende die kwartaal. Indien jy nie kan koppel nie, stuur 'n e-pos aan rina.lagrange@lanternschool.co.za om die skakel om te koppel te ontvang.

Skoolfonds en busgeld:

Baie dankie aan elke ouer wat hulle skoolfonds so getrou betaal, dit word opreg waardeer. Me. Rina le Grange kan gekontak word by (011) 760 1096/7

Maak asseblief seker dat die skool die korrekte kontakbesonderhede van die ouer/voog het. Dit vergemaklik kommunikasie tussen ouer en skool en verseker dat ons die beste diens aan u kind kan lewer.

Leerders kan slegs betalings maak voor skool en tydens pouse. Geen leerders sal tydens klastyd gehelp word nie.



U kan aansoek om vrystelling doen. Kontak Mrs Rina Le Grange vir meer inligting en aansoek vorms.



ONTBLOOT DIE ONSIN!

ALGEMENE MITES OOR ADHD

Aandaggebrek-hiperaktiwiteitsversteuring is een van die onderwerpe waaroor ouers en onderwysers dikwels verskil. Hierdie wanopvattinge of 'mites' kan baie skade doen aan 'n individu met ADHD.

MITE #1: As hulle vir ure op videospelletjies kan fokus het hulle nie ADHD nie! Videospelletjies is geprogrammeer om stimulerend te wees en dus maklik om op te fokus. Skoolwerk kan as vervelig en herhalend gesien word.

MITE #2: Mense met ADHD moet harder probeer! Dit is baie moeiliker vir kinders met ADHD, in vergelyking met hul maats, om gefokus te bly. Die mees basiese daaglikse take is vir hulle moeilik om uit te voer.

MITE #3: Hulle dagdroom net. As 'n kind altyd laat is, vergeet om huiswerk neer te skryf of gereeld besittings verloor, moet u dalk oorweeg dat ADD teenwoordig is.

MITE #4: ADHD is 'n leergestremdheid. ADHD word nie as leergestremdheid beskou, hoewel sommige kinders met ADHD ook 'n leergestremdheid het. 20%-30% van leerders met ADHD sukkel met lees, spelling en wiskunde.

MITE #5: Ritalin is basies kokaïen. Ritalin en kokaïen is albei stimulanse, maar veroorsaak 'n ander reaksie in die liggaam. Ritalin bly nie-verslawend. Kinders wat die regte medikasie neem vir ADHD is, is minder geneig om dwelmmisbruik te ontwikkel.

Inligting verkry uit: The ABC of ADHD 2024

Lantern groete

ME. S.A.P. KOTZÉ
HOOF

NEWSLETTER

11 December 2024

Dear Parents/Guardians,

“Education is the key to unlocking the world, a passport to freedom.” – Oprah Winfrey

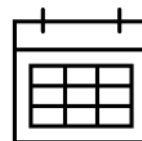
Dear parents, your support is invaluable to us, and together, we can make a positive impact on their academic success in 2025. May the holiday season bring you peace, joy, and cherished moments with your loved ones. We look forward to seeing all the bright faces back in the classroom in the New Year, ready for new adventures and discoveries.

Here are a few important dates and arrangements for Term 1:

(These dates are planned and subject to change)

General Dates:

- 15 January – **School reopens**
- 27 January – Ball Skills starts
- 3 February – Human Trafficking Talk
- 4 February – Athletics – Hugenote
- 5 February – World Read Aloud Day
- 14 February – Valentines Day Dress Up
- 18 February – Athletics – Hugenote
- 14 March – Photo Day
- 17 – 21 March – South African Library Week
- 20 March – Easter Egg Drive / Fun Day
- 21 March – **Public Holiday** – Human Rights Day
- 28 March – **School Closes**



Important Parent Dates:

- 5 February – It Takes Two to Talk – Orientation session
- 15 February – Parent Training – Grade 4 – 6 Maths SSRC
- 5 March – It Takes Two to Talk – Pre-program consultation
- 12 March – It Takes Two to Talk – Group session 1: Let your child lead
- 19 March – It Takes Two to Talk – Group session 2: Follow your child's lead
- 25/26/27 March – It Takes Two to Talk – Individual Visit: Videotaping and feedback



Primary School Dates:

- 15 January – Letters to parents
- 20 January – Grade 1 – 6 Parents Evening
- 25 January – Interhouse Athletics

- 27 January – Grade 2 Swimming starts
- 27 January – Library opens
- 7 March – Grade 1 – 3 Cake & Candy sale
- 24 March – Library closes



High School Dates:

- 21 January – High School Prize Giving
- 21 January – Grade 12 Parents Evening – Staff room
- 21 January – Grade 7 – 11 Parents Evening
- 3 February – Grade 12 – Extra Classes start
- 14 February – Valentines Day Dance
- 21 & 22 February – Rugby Camp – U/16 & U/19
- 21 & 22 February – Netball Camp
- 28 February – Grade 7 – Freshmens Concert
- 7 & 8 March – Rugby Camp – U/16 & U/19
- 7 & 8 March – Netball Camp

Sports:

Congratulations to Lantern, all learners and Mr Jaco Mitton for the awards won at District Prizegiving.

- Mr Jaco Mitton: Sport Coach of the year
- Sport School of the year
- Rio Husband: Sport Girl of the year
- Segale Lekganyane: Sport Boy of the year

Culture:

Congratulations to Lantern and all learners for the awards won at District Prizegiving.

- Culture School 3rd place
- Shaun Makhense: Culture Boy of the year
- Jessica Kaniki: Culture Girl 2nd



School Uniform:

We urge parents to ensure learners wear the correct uniform in 2025. Incorrect jackets, jewelry, headphones, beanies, etc. will be confiscated and can only be collected by parents at the end of the term. Parents, please also support us by ensuring learners shave daily.

Parents can contact Ms. Rina le Grange at the school regarding second-hand uniforms. Please note that PEP stores sell the school's blue jersey.

ZERO tolerance will be applied if learners are not wearing the correct uniform. The behavior of learners towards staff, other learners, and schoolwork is negatively influenced by incorrect attire.



It Takes Two to Talk:

Lantern School is proud to present the internationally recognised program for parents/guardians of children with language delays, "It Takes Two to Talk". Invitations for the orientation session will be sent out on **20 January** to all Grade 1 parents/caregivers.

Group Sessions: Wednesday evenings 18:30 – 20:00 in the staff room

Individual Visits: Tuesday/Wednesday/Thursday mornings 7:30 – 8:30

RSVP before/on 24 January. Hope to see you there!

Lantern Library: "Little Lantern Library"

Avoid the Holiday Slide!

While school holidays are a time for relaxation and fun, it's also important for learners to maintain their reading skills. Without regular reading or being read to, children can lose progress, a phenomenon known as the "Holiday Slide."

As caregivers, you play a key role in supporting your child's learning. Just 10 minutes of daily reading can make a big difference in keeping their skills sharp and their love for reading alive!

You can pay a visit to any of the following public libraries in our community:

- *Horizon View (The Village @ Horizon)
- *Roodepoort (Cnr Berlandina &, Hodgson St)
- *Wilropark (Mimosa St)
- *Witpoortjie (Payne St)



Physical Education:

Learners are required to bring a pair of shorts or tracksuit pants on the days that they have PE on their timetable.

Early Departure:

Parents are required to inform the teacher and the office that their child will be leaving early before 08:00.

D6 Communicator:

Please download the D6 communicator and load Lantern School, for all relevant information during the term. If you unable to connect please email rina.lagrange@lanternschool.co.za to receive the link to connect.



School Fees and Bus Fees:

Thank you to every parent who faithfully pays their school fees; it is sincerely appreciated. Ms. Rina le Grange can be contacted at (011) 760 1096/7.

Please ensure the school has the correct contact details for the parent/guardian. This makes communication between the parent and the school easier and ensures we can provide the best service to your child.

Learners may only do payments before school or during breaks, no learner will be assisted during class time.



Applications for exemption are open. Please contact Mrs Rina Le Grange for more info and application forms.

POPULAR MYTHS ABOUT ADHD

Attention deficit hyperactivity disorder is one of the most debated topics among parents and teachers. These misconceptions or 'myths' can cause much harm to an individual with ADHD.

MYTH #1: If they can focus on video games, they don't have ADHD! Video games are programmed to be stimulating and therefore easy to focus on. Schoolwork can be seen as boring and repetitive.

MYTH #2: People with ADHD need to try harder! It is much harder for them, compared to their peers, to stay focused. The most basic daily tasks are hard for them to execute.

MYTH #3: They're just daydreaming. If a child is always late, forgetting to write down homework, or losing belongings - you might want to consider that ADD is present.}]

MYTH #4: ADHD is a learning disability. ADHD is not a learning disability although some children with ADHD also have a learning disability. 20%-30% of learners with ADHD struggle with reading, spelling, and mathematics.

MYTH #5: Ritalin is basically cocaine. Ritalin and cocaine are both stimulants but cause a different reaction in the body. Ritalin remains non-addictive. Children who have been medicated appropriately are less likely to develop substance abuse.

Info from: The ABD of ADHD 2024

Lantern greetings,

MRS. S.A.P. KOTZÉ
PRINCIPAL